

MENU WEEK THREE					
6 Months – 5 Years					
Meal Type	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Assorted Seasonal Fruits Water or Milk	Assorted Seasonal Fruits Water or Milk	Assorted Seasonal Fruits Water or Milk	Assorted Seasonal Fruits Banana Smoothie	Assorted Seasonal Fruits Water or Milk
Lunch	Assortment of Wholemeal Sandwiches	Tuna Pasta with Veggies	Assortment of Wholemeal Sandwiches	Rissoles with Mixed Mash and Vegetables	Assortment of Wholemeal Sandwiches
Afternoon Tea	Pumpkin Scones with Butter	Pikelets served with Butter and Jam	Cheese and Fruit	Banana Zucchini Cakes	Chocolate Brownie Slice