

MENU WEEK ONE					
6 Months – 5 Years					
Meal Type	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Assorted Seasonal Fruits Banana Smoothie	Assorted Seasonal Fruits Water or Milk	Assorted Seasonal Fruits Water or Milk	Assorted Seasonal Fruits Water or Milk	Assorted Seasonal Fruits Water or Milk
Lunch	Assortment of Wholemeal Sandwiches	Fish Fingers with Mixed Mash and Vegetables	Assortment of Wholemeal Sandwiches	Spaghetti Bolognese	Assortment of Wholemeal Sandwiches
Afternoon Tea	Pikelets with Jam and Cream	Jam Drop Biscuits	Pizza Scrolls	Nigella Choc Biscuits	Jelly and Custard