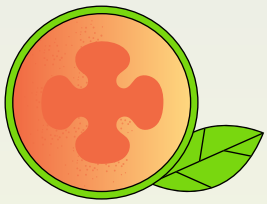
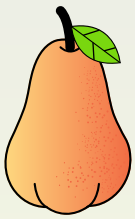
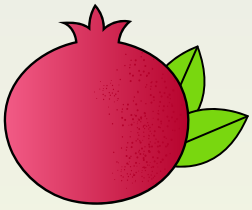
WEEKLY MENU

SUMMER MENU WEEK 1

	MORNING TEA	LUNCH	AFTERNOON TEA	LATE SNACK
MON	ASSORTED SEASONAL FRESH FRUIT & YOGURT WATER OR MILK	ASSORTED SANDWICHES WATER	SPRING ROLLS WITH TOMATO SAUCE WATER	CRACKERS/ ASSORTED FRUIT. WATER
TUE	BLUEBERRY MUFFINS WATER OR MILK	FISH FINGERS AND POTATO GEMS WATER	WATERMELON AND PEAR SLICES WATER	CRACKERS/ ASSORTED FRUIT WATER
WED	MINI HOMEMADE QUICHIES, CUCUMBER & CARROT STICKS WITH SLICED CHEERIOS WATER OR MILK	ASSORTED SANDWICHES WATER	PEACH SLICES AND STRAWBERRIES. WATER	CRACKERS/ ASSORTED FRUIT. WATER
THU	SLICED PEACHES AND PINEAPPLES WATER OR MILK	BEEF NACHOS WITH TOASTED TORTILLA TRIANGLES WATER	APPLE SLICES, RICE CAKES & CHEESE WATER	CRACKERS/ ASSORTED FRUIT. WATER
FRI	ASSORTED SEASONAL FRUIT PLATTER, WITH CHOC CUSTARD DIP WATER OR MILK	ASSORTED SANDWICHES WATER	JELLY & CHOC CRACKLES WATER	CRACKERS/ ASSORTED FRUIT. WATER

*ALLTERATIONS TO THE MENU ARE MADE TO ACCOMADATE ANY ALLERGIES AND INDIVIDUAL DIETARY REQUIREMENTS.

*FRESH FRUIT AND VEGGIE PUREE IS MADE FOR YOUNGER NUSERY CHILDREN WHEN REQUIRED DURING THE WEEK.

"LET'S BE HEALTHY THIS WEEK!"